

Terms and Conditions

Pure Energy Retreats by Lidija Springer Nutrition

1. Booking

(a) Your booking is not considered confirmed and no contract will exist until we receive full payment from you and you agree to these terms and conditions.

2. Payment

(a) The price is the exact amount to be received by us in GBP £.

(b) To reserve a place on any Pure Energy Retreats by Lidija Springer Nutrition, a non-refundable deposit fee of £300 per person is required upon booking.

Payment of any outstanding sums owed (the balance) must be made at least 90 days before the retreat start date you are attending. Instalments are available on request.

3. Your Travel Arrangements

All travel arrangements are your responsibility and at your own cost. We shall not be held liable for any consequences resulting from delays or cancellations or for any irregularities in your documentation required for travel. Transfers to/from the retreat are at your own cost, unless otherwise specified. However, we will help you to coordinate these with other retreat participants.

4. Travel Insurance

It is your responsibility to organise suitable travel and health insurance during your retreat. Your policy must cover the retreat's activities, unexpected cancellations, sickness, losses, and all the usual risks. You should bring the policy with you in case of an emergency.

Depending on your policy and the conditions, travel cancellation insurance may pay for some or all costs associated with cancelling a booking (i.e. trip cancellations, abandonment by your airline and flight delays).

5. Your Health

(a) I am participating in the retreat offered by Pure Energy Retreats by Lidija Springer Nutrition during which I will receive information and instructions about exercise, nutrition and health. I recognise that physical activities require physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.

(b) I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Pure Energy Retreats by Lidija Springer Nutrition . I represent and warrant that I am physically fit and I have no medical conditions that would prevent my full participation in Pure Energy Retreats by Lidija Springer Nutrition.

(c) I understand that hikes and morning runs are offered as part of the retreat experience and are undertaken at my own risk. I am responsible for my well-being and should ensure I am comfortable with the physical demands. By participating, I accept the associated risks.

(d) I understand that if I am pregnant, I will take necessary steps to ensure my doctor and health care providers know I am participating in Pure Energy Retreats by Lidija Springer Nutrition. I assert that I am of fit health to participate in the retreat and will alert all teachers whose sessions I participate in that I am pregnant.

(e) In consideration of being permitted to participate in the Pure Energy Retreats by Lidija Springer Nutrition, I agree to assume full responsibility for any risks, injuries or damages to the property or third parties, known or unknown, which I might incur as a result of participating in the retreat, including any and all activities done with the Pure Energy Retreats by Lidija Springer Nutrition group.

(f) In further consideration of being permitted to participate in the Pure Energy Retreats by Lidija Springer Nutrition , I knowingly, voluntarily and expressly waive any claim I may have against the Pure Energy Retreats by Lidija Springer Nutrition founder, its staff, for injury or damages that I may sustain as a result of participating in the retreat. I, my heirs and legal representatives forever release, waive, discharge and covenant not to sue Pure Energy Retreats by Lidija Springer Nutrition for any injury or death caused by their negligence or other acts.

(g) Please advise us of any mental or physical health conditions and dietary requirements before you book. If you have health conditions and dietary requirements that may be affected by the activities offered on our retreats, we reserve the right to advise you to desist, and in the interests of your well-being or others, we may decline your stay at our retreats.

(h) Please note that if you suffer from severe allergies requiring an EpiPen or immediate medical treatment, participation in the retreat may not be suitable for you. We

recommend consulting with a healthcare professional prior to booking to ensure your safety and well-being. Our team is committed to providing a safe environment, but specific allergies may present risks that could be difficult to manage in a retreat setting.

6. Cancellation by you

(a) You may cancel your booking at any time, providing that the cancellation is made by the person submitting the booking form and is notified to us in writing. Cancellation will take effect the day we receive such notification.

Applicable cancellation fees:

- If you cancel 120 days or more before your start date, you will be refunded the full amount paid up to that date, excluding the £300 per person deposit fee which is non-refundable.
- If you cancel between 90 and 120 days before your start date, you will be refunded 50% of any sums paid up to that date, excluding the £300 per person deposit fee, which is non-refundable.
- Cancellations 90 days or less before the start date of your retreat are non-refundable and will result in a forfeit of any and all sums paid.

(b) Due to our need to commit to accommodation and other arrangements in advance, exceptions to our policy cannot be made for any reason.

(c) However, if another female person can be found to take your place, we may offer you a refund at our discretion.

(d) Bookings are for the stated period of the retreat. There are no refunds for an unused portion of the retreat. If the reason for cancellation is covered under the terms of your Insurance Policy, you may be able to make a claim on your insurance.

7. Amendments by us and our liability to you

(a) Pure Energy Retreats by Lidija Springer Nutrition shall not be liable for cancellations, delays or changes caused by war, threat of war, terrorist actions or threats, closure of airports, civil strife, industrial action, natural disaster, technical problems to transport, staff cancellations, failure to perform by third parties, including suppliers and subcontractors and unforeseen changes in your personal circumstances or other events beyond our control.

(b) We reserve the right to make changes to the retreat, which we do our best not to, but things can happen. If your accommodation has to be changed, we will do our best to

match it to a similar rating. If a significant change becomes necessary, we will inform you as soon as possible.

(c) We are not liable for any injuries you may incur. Fitness and Yoga classes are undertaken at your own risk. We are not liable for any medical or psychiatric conditions, which may develop during or subsequent to the retreat.

8. Cancellation by us

(a) We reserve the right in any circumstances to cancel a retreat. In particular, our retreats require a minimum number of 8 people to have booked by 6 weeks before the start date. If this minimum number is not reached by that date, we may cancel and give you a full refund of payment, including the deposit fee.

(b) Pure Energy Retreats by Lidija Springer Nutrition is not liable for any travel arrangements made by the customers and will not be giving refunds for cancellations for these. We recommend that you book flexible flight dates for this reason.

9. Possessions

We are not liable for loss or damage to your personal property. It is your responsibility to ensure that your possessions are kept safe at all times.

10. Complaints

If you have a problem during your retreat, please inform the organizer immediately, and he/she will endeavour to put things right. Please note that we cannot be responsible for the individual behaviour of any group member or other guest sharing your accommodation. You can also send us an email to: lidijasnutrition@gmail.com

11. Privacy Policy

We do not share customer details with any 3rd parties. Any personal information that you provide to us will be used only for the service you requested. This information is used only for administration of the site system and in the compilation of statistics used by us to assess the use of the site. This privacy policy does not cover the links within this site linking to other sites.

12. Photo / Video Release – Use of Image

You hereby grant to Lidija Springer Nutrition the absolute and irrevocable right, and unrestricted permissions to use photographic portraits/images/videos in which you feature that are taken during the retreat to use/republish/copyright, etc. for commercial use in association with Lidija Springer Nutrition. You hereby release and discharge Lidija Springer Nutrition from all claims and demands arising out of or in connection with the use of the photographs and video footage, including without limitation any and all claims for libel or invasion of privacy.

We are dedicated to providing a welcoming, inclusive, and respectful retreat experience for all. Any form of verbal or physical abuse toward staff or participants is strictly prohibited and will not be tolerated.

By booking any retreat with Lidija Springer Nutrition you agree to be bound by and adhere to all policies and rules.

For any questions or queries, please email us at lidijasnutrition@gmail.com

I am of full legal age and have read and fully understand the terms of this release.

E-Signature

(required)

First Name

Last Name

Date